

**Amendments to the Abstract:**

Please replace the Abstract with the following rewritten paragraph:

**ABSTRACT**

The invention relates to a method for regulating the hydraulic resistance of a shock absorber during the operation thereof. The method includes forcing a hydraulic fluid through a small open flow area from a rod end of a shock absorber to a blind side of the shock absorber. The open flow area has a variable capacity achieved with the use of mutually traveling metering components in the small open flow area. Hydraulic pressure differences on the metering components cause the capacity of the small open flow area to decrease when there is an increase of load at the shock absorber.